Sustainable Schoolfood Library - resources & good practice

Name of activity / method / program

STUDENTS FOR STUDENTS

Categories

Tags

Uni/school partnership Fighting hunger Healthy eating #foodeducation #solutiondriven #fightinghunger

What is it? (short description)

This is an initiative that has been implemented in Kenya where University students seek to play their part in fighting hunger and malnutrition in schools. This is done by funding meals and providing fruit to school kids. Especially those who go hungry due to lack of food. They also take it upon themselves to sensitize kids on the nutritional benefits of what they eat. How does it work? Uni students identify a nearby school and pitch their idea to the school's management. They then rally fellow uni students, lecturers, staff and well wishers to contribute to the initiative. Combined with a social media campaign, this creates a pool of funds to fund the initiative. These funds are used to cover for regular school meals for the disadvantaged children on days the project members are not on site to provide meals.

It's suited for... (age/region/context)

University and college students (of all study programs) 19-24 yr olds Countries/regions/districts where parents pay for school meals, but not all parents can afford to.

In practice it could look like this: (pictures, sequence)



School feeding in Gitunduti Primary sch., Kenya as implemented by Karatina University students

That's what you need: (material/funds/preparation)

- Good will from the nearby primary school management, help to identify kids who go hungry
- □ Rallying together of your fellow university students, lecturers and wellwishers
- □ Well set out programs on who is responsible for funds and buying food

That's why you should do it (main purposes/benefits)

- \overleftrightarrow Uni students use this as an opportunity to sensitize kids on good nutrition practices.
- Sponsoring kids who go hungry helps them stay in school and focus an their studies.
- $\stackrel{\star}{\simeq}$ The project helps raise awareness for poor nutrition practices in the local community

You should also consider (links to resources, ideas for adaptation)

- ▷ Looking for partners on a higher level to secure long-term funding for the project.
- ▷ Reach out to Mwendwa Emmaculate if you want to learn more: mwendwaemmaculate2@gmail.com